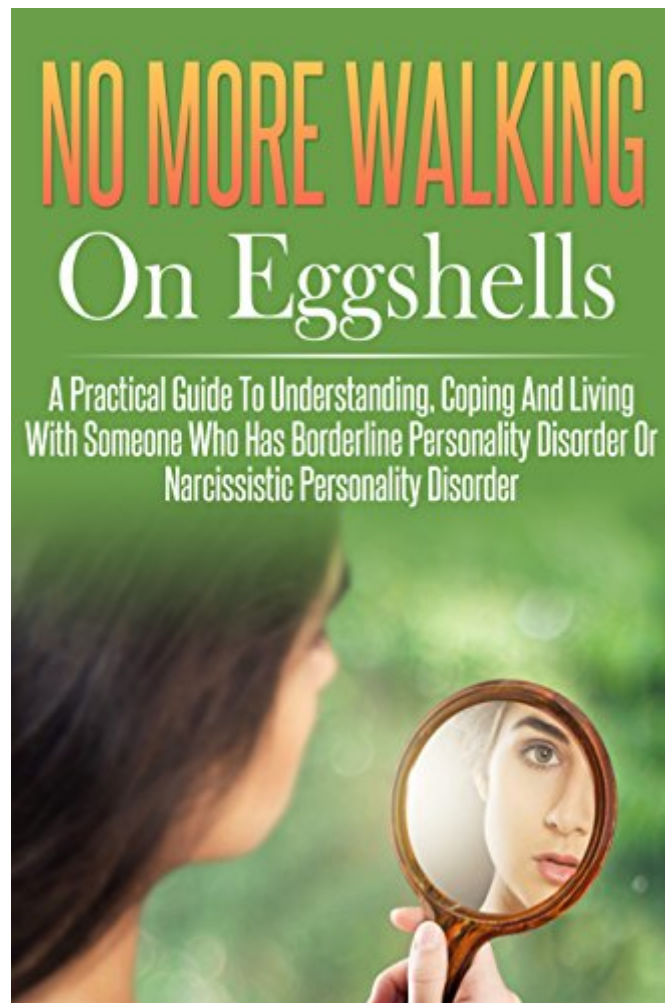


The book was found

Walking On Eggshells No More, A Practical Guide To Understanding, Coping And Living With Someone Who Has Borderline Personality Disorder Or Narcissistic Personality Disorder.





Synopsis

NO MORE WALKING ON EGGHELLS, A Practical Guide To Understanding, Coping And Living With Someone Who Has Borderline Personality Disorder Or Narcissistic Personality Disorder*****3rd Edition*****This book is a well-rounded introduction to the complications presented by the mental disorders of Narcissistic Personality Disorder (NPD) and Borderline Personality Disorder (BPD). It paints a clear picture of who a narcissist is and who a person with BPD is. You get to learn from this book that narcissism has variations and that each category of narcissists needs to be handled in a unique manner for normalcy or the semblance of it to prevail in life. One thing that this book brings out clearly is the fact that despite the fact that life is difficult with a narcissist around, the same narcissist can contribute positively in a community if the environment is right, and if people around them understand what to expect of a narcissist. That makes this book all the more valuable because it outlines clearly how to handle each type of narcissist for you to get the best out of them and to keep them from making the social or working environment toxic. Any time you want to write off a narcissist, read through this book again and get to see where you can place that person as far as categories of narcissism are concerned. Then see what the book says about handling such people. You may be surprised that some steps you may pick from this book can be the solution nobody ever suggested to you before. And hence the person you loathed begins to make fruitful contributions to your group or community, and incidences of friction between the narcissist and other people begin to reduce. In this book, you will learn: What Narcissistic Personality Disorder is What Borderline Personality Disorder is How NPD varies from BPD The red signs that will alert you when you are dating a narcissist The red signs that will alert you when an employee is a narcissist How narcissism affects leadership in religious circles The best way to handle a partner who is narcissistic What to do to stop falling victim to narcissistic manipulation How to behave when living with a person with BPD How to bring happiness into your life despite having a narcissist in it Various positive contributions you can derive from a narcissist How to keep a narcissist in check while keeping your cool And much, much more.. So don't delay and get your copy today

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Customer Reviews

Terrible book. Buy Stop Walking On Eggshells instead which is a great book for understanding the Borderline Personality Disorder and helping loved ones deal with the disorder. Don't buy this one.

Informative about borderline vs narcissistic personality disorders, but not enough on how to distinguish between the two, or how to deal with persons of either nature. Sorry!

Good information. More toward narcissistic personality disorder than borderline personality disorder, but still good information as both disorders are closely related

Somewhat helpful.

Helped me learn about BPD, easy to understand ,and Easy read. Was able to apply some techniques in my life, to help me to have me be more independent

Simplistic and poorly written

The cover and title of the book is attention-grabbing. When I read the book it became more

interesting. I find this book very helpful not because I have a child or a relative with the disorder but because every day we meet this kind of people. Through this book, I will now know what to say and what to do, how to cope with them. Besides, we all should learn how to deal with people properly regardless if he or she is narcissistic or not. Instead of ignoring or giving them up, understand them and be with them. I also love the bonus book “dealing with the codependency” because there are also some people I know that are codependent.

I came across this book in kind of a funny way. I don't know anyone that is dealing with borderline personality and neither am I dealing with the disorder. However, I watch a lot of those police procedural detective shows, and I have seen several lately in which the main villain is diagnosed with borderline personality disorder, or has some variation or something very similar. And my curiosity and interest in psychology and psychiatry inspired me to do a little research and find out just exactly why having this disorder actually means. I came across this book and decided to take a chance and downloaded. I mean after all. It's not like them spending \$1 million, or anything, but I'm glad I did because this book provided some very interesting and intriguing information about borderline personality disorder this book very clearly explained the disorder, as well as explaining that just because someone has narcissistic tendencies. It is not necessarily mean that they have borderline personality disorder. Before I read this book, I had no idea that people with borderline personality disorder were actually as (or could be) as self-obsessed and dangerous with mood swings and anger issues as the individuals in the detective shows on television. The book also clearly explained the various therapeutic treatment methods that are used when dealing with the disorder, as well as the symptoms and potential causes, and even though this book is only 33 pages. I felt as though I learned a lot and my curiosity was completely satisfied. So much so that the book inspired me to possibly write my next psychology paper on borderline personality disorder. I am very satisfied with my purchase, and did you know someone that is dealing with this particular disorder. I suggest you give this book a try is a great place to start learning about a very unique condition.

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